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Standards for Experimental Research: Encouraging a Better Understanding of Experimental Methods

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Abstract

5 In this essay, we more closely examine three aspects of the Reporting Guidelines for this 6 journal, as described by Gerber and colleagues (2014, Journal of Experimental Political Science 7 1(1): 81–98) in the inaugural issue of the Journal of Experimental Political Science. These 8 include manipulation checks and when the reporting of response rates is appropriate. The 9 third, most critical, issue concerns the committee's recommendations for detecting errors 10 in randomization. This is an area where there is evidence of widespread confusion about 11 experimental methods throughout our major journals. Given that a goal of the Journal of 12 Experimental Political Science is promoting best practices and a better understanding of 13 experimental methods across the discipline, we recommend changes to the Standards that will 14 allow the journal to play a leading role in correcting these misunderstandings.

15 Keywords: Randomization check, manipulation check, response rates, standards.

Establishing reporting guidelines for studies of any kind is an important step in the direction of improving research. The Standards Committee is to be commended for taking on this difficult and time-consuming task for experimental designs (see Gerber et al. 2014). We have no doubt that this is a positive development, something good for science as a whole, as well as for our particular discipline.

Nonetheless, in the spirit of making something that is already quite good even better, we would like to highlight some of the problems with the standards as currently written. This is not to detract from the committee's accomplishment, but is offered in the spirit of constructive suggestions for revision.

We discuss three aspects of the recommendations. The first concerns manipulation checks, a practice of great importance in experimental methodology that is not addressed by the Standards. The second is a more minor point concerning the

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28 reporting of response rates, and how studies become classified as surveys under their

29 suggested framework. The third issue concerns the recommendations for detecting

30 errors in randomization. Our critique and suggestions for improvement on this front

31 require substantial background, so we save this more involved issue for last.

32 MANIPULATION CHECKS

First, we recommend that manipulation checks be added to the JEPS checklist of desirable components of experiments. As is the case with many other items on the checklist, this requirement will not be relevant to every experiment, but it will be applicable to a large number of them and, most importantly, it will improve what can be learned from their results.

Manipulation checks establish that the treatment has had an effect on the 38 39 theoretically relevant causal construct. In other words, manipulation checks are "a way of ensuring that an experiment actually has been conducted (i.e., that 40 the IV has been effectively manipulated)" (Sansone et al. 2008). The majority 41 of experiments in political science do not report manipulation checks, despite 42 their prominence in other social science disciplines. Many social science disciplines 43 44 have deemed them basic enough to be required in all but a limited number of cases. As a sociology volume on experimentation argues, "It is an essential part 45 of an experiment to include manipulation checks. ... It is equally important 46 to report the results of these checks" (Foschi 2007: 129). The Handbook of 47 Methods in Social Psychology similarly advises, "Indeed, many editors of social 48 psychology journals require these (manipulation checks) to be conducted as 49 50 a matter of principle before accepting research for publication." While some kinds of experiments within political science do not include variable experimental 51 treatments at all (e.g., game theoretic experiments), a majority do involve one or 52 more randomly assigned treatments intended to induce variation in the causal 53 54 variable.

55 In some cases, manipulation checks are unnecessary. For example, if a persuasion experiment manipulates the length of a message in order to evaluate whether long 56 messages tend to be more persuasive than short ones, and one message has twice 57 the number of words as another, then length has been manipulated, and it need 58 59 not be the case that subjects recognize or remember the length of the argument to which they were exposed. Given that the independent variable construct and 60 its operationalization are completely identical, a manipulation check would be 61 unnecessary under these conditions. 62

The problem with assuming that the independent variable is identical to its operationalization is that this is frequently not the case. Nonetheless, in political science the experimental treatment is usually just assumed to have successfully altered the independent variable, and the results are interpreted as such. For example, when an experimental treatment suggesting "many people believe that ... trade

can lead to lower prices for consumers," did not lead to more support for trade, 68 the author concluded that it would not be worthwhile to convince people that trade 69 70 lowers the costs of consumer goods in order to increase support for trade (Hiscox 2006: 756). Without knowing whether subjects actually believed this treatment, null 71 72 effects cannot be distinguished from weak or ineffective manipulations. Likewise, 73 when political scientists look for causal effects from policy threat, the salience of national identity, incivility, or innumerable other treatments, the causal construct is 74 75 not identical to the operationalization of the treatment, so without a manipulation 76 check, there is no reason to assume that the causal construct was successfully 77 manipulated. Moreover, researchers have a tendency to underestimate the strength 78 of treatment that is required to produce a change in the independent variable. 79 As a result, an experiment may not actually test its hypothesis of interest. As the 80 Handbook further notes, "For experiments to have the best chance of succeeding 81 (i.e., for the IV to have an effect on the DV) the researcher needs to ensure that the manipulation of the IV is as strong as possible. Indeed, if there were a first rule of 82 83 experimentation, this might be it."

84 Our recommendation in favor of systematically encouraging manipulation checks 85 goes beyond consistency with the experimental traditions established in other 86 disciplines. It also stems from our belief that (1) consistently effective treatments are 87 a highly unrealistic assumption, and that (2) the absence of manipulation checks frequently impedes the accumulation of scientific knowledge from experimental 88 89 studies in political science. We begin by delineating the conditions under which 90 manipulation checks seem essential in political science experiments and then 91 illustrate how their absence impedes scientific knowledge.

92 Independent variables in experimental studies may involve latent constructs that 93 are manipulated only indirectly, as described above, or direct treatments in which the 94 treatment and the operationalization are one and the same. Manipulation checks 95 are essential to ensure construct validity when treatments are indirect manipulations of other constructs (Cozby 2009; Perdue and Summers 1986). Without verifying 96 97 successful manipulation of the independent variable in the studies, even outcome effects consistent with the original hypothesis become difficult to 98 99 interpret.

100 The reason that manipulation checks have not been emphasized in experimental 101 political science may stem from the nature of early studies in this field, which tended 102 to examine tangible rather than latent constructs as independent variables. Does a baby care booklet sent from one's congressional representative improve attitudes 103 104 toward the elected official? (Cover and Brumberg 1982). Can information on voter 105 registration improve turnout? (Gosnell 1942). So long as the operationalization 106 of the treatment and the independent variable are one and the same, there was no 107 need for a manipulation check.

But as experiments in political science have become far more ambitious, frequently using indirect strategies to manipulate latent independent variables, a smaller proportion of independent variables meet these criteria, as Newsted and colleagues(1997: 236) suggest.

Even in cases in which manipulations appear obvious, they may not be so. For example, some early research in information presentation used treatments that confounded the information form (e.g., table or graph) with other factors, such as color, making interpretations difficult. Manipulations checks can help to uncover such problems and should be as much a part of the development of a measurement strategy in an experiment as the dependent variables.

118 Unfortunately, even when the operationalization of a given independent variable 119 is well-known, widely established and frequently used, there is still no guarantee 120 that one has successfully manipulated the independent variable in any given study. For example, a widely used cognitive load manipulation appears to be responsible 121 122 for highly inconsistent results in studies of how cognitive load affects charitable donations. In Kessler and Meier's (2014) careful replications of laboratory studies 123 using the same subject pool, setting and experimental protocol, they discovered 124 that the explanation for contradictory findings was that the manipulation varied 125 in efficacy due to session order effects when multiple experiments were executed 126 127 within a single hour-long session. The treatments produced the intended variance in the independent variable only when subjects were already somewhat fatigued. 128 129 Thus, even with a well-established treatment, manipulation checks were essential to the correct interpretation of the experimental findings. In cases such as these, 130 131 manipulation checks clearly contribute to researchers' ability to differentiate among 132 competing interpretations.

Encouraging manipulation checks is particularly important in an era when survey experiments have enjoyed increased popularity. When survey experiments have participants respond from remote, unobservable locations, there is no way to know for certain if subjects were even exposed to the treatment, let alone whether they were affected in the way the investigator intended. Particularly with large heterogeneous population samples who may not pay as much attention to treatments administered online as they would in a lab, treatments can easily fail.

Simple exposure to a treatment obviously does not guarantee its effectiveness. The question is not whether "a treatment was successfully delivered," as indicated in the current guidelines, but instead whether the treatment manipulated the independent variable as intended. Subjects may doubt the veracity of information they are given, or they may not find the treatment as threatening, anxiety-inducing, or as counter-attitudinal (or whatever the treatment happens to be) as the investigator intended.

Within political science there already has been some recognition of the problem of inattentive respondents. For example, Berinsky et al. (2014) suggest that studies should include post-treatment questions about details of the stimulus in order to assess respondents' levels of awareness and attention to stimuli. However, in most studies, use of such "screeners" does not address the same 152 question as a manipulation check. Rather than address whether a subject was 153 *exposed* to the treatment, manipulation checks are designed to assess whether 154 the treatment successfully induced variance in the independent variable. For 155 this reason, even laboratory experiments in which exposure is assured require manipulation checks. While use of screeners seems reasonable, they are not a 156 157 substitute for manipulation checks. Although there are some studies for which 158 exposure to a stimulus is, in fact, the independent variable construct, most studies 159 use treatments to induce a change in a latent construct, a change that may, or may not, have been accomplished among those who correctly answered a 160 161 screener.

Surprisingly, even some studies using treatments that seem obvious rather than latent, such as the race of a person in a photograph, demonstrate that such treatments can easily fail. For example, respondents often disagree about the race of a person in a picture they are shown (Saperstein and Penner 2012). For this reason, whatever the particular manipulation was *intended* to convey should be verified before any meaningful conclusions can be drawn.

169 Finally, although we have made the positive case for including manipulation 170 checks as part of the checklist in studies using latent independent variables, it is worth considering whether there is any potential harm that should be considered in 171 172 encouraging them. We know of no one who has argued that they are harmful to the integrity of a study so long as they are asked after the dependent variable is assessed. 173 174 Scholars across the social sciences concur that so long as manipulation checks are 175 included after measurement of the dependent variable, there is no potential harm in including them. The only cost is in the respondent time spent on the manipulation 176 check assessment. 177

178 But there is substantial danger if one chooses to omit a manipulation check. The 179 risk is primarily of Type II error. The reader of a study without a manipulation check has no idea if a null finding is a result of an ineffective or insufficiently 180 powerful treatment, or due to a theory that was simply incorrect. This is an 181 182 extremely important distinction for purposes of advancing scientific knowledge. A recent article in Science demonstrates why this is problematic. Franco and 183 184 colleagues (2014) use the TESS study database as a source of information on the file drawer problem, that is, the extent to which findings that do not achieve 185 p < 0.05 are less likely to see the light of publication. In order to estimate 186 how likely null findings were to be published, they analyzed all TESS studies 187 188 tracking whether the anticipated effect on the dependent variable was found 189 or not found, and classified as null findings those that did not produce effects 190 on the dependent variable. However, in many, and perhaps even most of these 191 latter cases, the independent variable was not verified as having been successfully 192 manipulated. Thus, the lack of significant findings was not informative with respect 193 to the theories under investigation or with respect to their anticipated effect 194 sizes.

195 We would not recommend including manipulation checks as part of the JEPS 196 checklist if they were informative on only rare occasions. But weak or ineffective 197 manipulations are an exceedingly common problem. A study that finds no significant effects on the dependent variable and does not include a manipulation check for a 198 199 latent variable is not at all informative; on the other hand, we can learn a great deal 200 from an identical study with identical results that includes a manipulation check documenting a successful treatment. In the latter case, the theory is clearly in need 201 202 of revision. Ignoring manipulation checks thus impedes the growth of scientific 203 knowledge.

Particularly given that JEPS has publicly stated its intent to publish 204 null results (a decision that we wholeheartedly endorse), it is essential to 205 encourage manipulation checks whenever possible. Otherwise, a null result is 206 207 not informative. More specifically, this practice inflates the possibility of Type 208 II error and leads researchers to prematurely abandon what may be viable hypotheses. Wouldn't some other researcher recognize this potential problem 209 and attempt a replication? There are already strong disincentives to replicate 210 even significant experimental findings; the idea that researchers will pursue 211 replications of null results (but this time including a manipulation check) seems 212 213 improbable.

214 **REQUIREMENT OF RESPONSE RATES FOR SURVEYS**

A second issue concerns convenience samples. As currently written, the reporting standards confuse mode of data collection with the type of sample used (probability samples versus convenience samples). For purposes of applying these standards, the committee defines a survey as any study that uses survey data collection methods or that *could* conceivably have been executed as a survey, even if it was actually executed in a laboratory.¹

221 For studies that qualify as surveys by virtue of their data collection method, the 222 Reporting Standards state, "If there is a survey: Provide response rate and how it 223 was calculated." The problem with applying this requirement to all studies that use 224 survey data collection methods is that many survey experiments in political science use Mechanical Turk, Polimetrix or another opt-in data platform. There is nothing 225 226 meaningful about a response rate when utilizing a convenience sample. Even if 227 such a figure could be calculated, it would have no bearing on the quality of the 228 study. When all subjects opt in to a study, this concept is meaningless. Given that the CONSORT diagram that the Standards Committee recommends (see Moher 229 et al. 2010; Schulz et al. 2010) already codifies the practice of indicating people who 230

¹An exception to this is that experiments that use video in a lab are classified as lab experiments even when they use survey methods to collect data (Gerber et al., 2014: 83). Given that videos are now also administered online as experimental treatments within surveys, this distinction is confusing.

drop out after a study has begun, attrition has already been covered in the other requirements.

233 If there are no claims to representativeness being made by the authors, we see no 234 reason to require response rates. As many survey researchers have demonstrated, the representativeness of a sample is not a straightforward function of the response 235 236 rate. If the authors are making claims about accurately representing some larger population, then it would make sense to ask for a demographic comparison of 237 238 their sample to the population in question. But if the sample is being treated as 239 a convenience sample for purposes of an experiment, and not as a representative one, then it is not informative to require response rates based on the means of data 240 collection used either in a lab or in an opt-in survey. 241

242 RANDOMIZATION CHECKS/BALANCE TESTING

Finally, our chief concern with the Standards has to do with the recommendation on "Allocation Method" which addresses randomization procedure and the distribution of pre-treatment measures. As the third point under Section C states,

246 If random assignment used, to help detect errors such as problems in the procedure used for

random assignment or failure to properly account for blocking, provide a table (in text or

248 appendix) showing baseline means and standard deviations for demographic characteristics

and other pre-treatment measures (if collected) by experimental group.

This point contains a *directive*, "Provide a table..." as well as a *justification*, "to help detect errors...." While we laud the goal of detecting errors, we find both the directive and its connection to the justification problematic.

253 In order to understand our criticism of this recommendation, we begin by clarifying some ambiguous uses of terms. We next discuss the role of randomization 254 255 in experimental design. Finally, we discuss the proper roles, if any, for balance testing/randomization checks. Our discussion of the experimental method may 256 seem circuitous, but it is necessary because the mistaken pairing of the directive 257 258 and the justification produces potentially harmful consequences that are difficult to grasp without understanding the possible motives behind such a recommendation. 259 260 Historically the adoption of randomization checks came first, while attempts at 261 justification have been more of an afterthought. Only by understanding the common interpretation of this practice can one make sense of what is of value in this regard 262 263 and what is not.

264 Terminology

Throughout the recommendations and the accompanying report, four terms are used to describe the "other variables" that are neither independent nor dependent measures, but are the subject of the directive described above: pre-treatment measures, covariates, demographics, and control variables. Whether or not the authors of the Standards Report had precise meanings in mind for each of these,
both the report and our discussion of it will benefit from making these definitions
explicit.

272 For purposes of our discussion, the term "pre-treatment measure" is the most 273 self-evident, and we will assume it refers to any measure in the data set that is assessed before the treatment occurs and thus could not have been affected by the 274 treatment. The term "covariate," on the other hand, is typically used for that subset 275 276 of pre-treatment measures that are incorporated in the statistical model used to 277 test experimental hypotheses. It is not clear from the report whether "covariate" is 278 meant in this manner or is meant as a synonym for "pre-treatment measure." This confusion exists throughout political science (see, e.g., Arceneaux and Kolodny 279 280 2009: 760).

281 Importantly, this distinction becomes blurred if the model is not pre-specified; as in the Standards Committee's recommendations, we endorse the pre-specification 282 of models and will use the term "covariate" only for measures that researchers had 283 planned to include in the model in advance. As outlined in many sources (e.g., 284 285 Franklin 1991), the purpose of a covariate is to predict variance in the dependent variable that is clearly not attributable to the treatment. For this reason a covariate 286 must be a pretreatment variable, although not all pretreatment variables must be 287 288 included as covariates. Covariates need to be selected in advance based on what one knows about the major predictors of the dependent variable in the experiment. Their 289 290 purpose is to increase the efficiency of the analysis model by eliminating nuisance variance. 291

292 The term "demographic" is usually reserved for that subset of pre-treatment measures which describe characteristics of the sort found on census data: age, 293 294 education, race, income, gender and the like. If they are to be used in the analysis 295 of an experiment, they should be pre-treatment measures as well. However, there is 296 no reason to include such measures as covariates unless one has reason to believe they are strong predictors of the dependent variable. For most outcomes in political 297 science experiments, demographics are only weakly predictive at best. The purpose 298 of a covariate is to increase the power of the experiment by reducing variance. As 299 argued in Mutz and Pemantle (2011), the gain from adjusting by a weak predictor of 300 the dependent variable does not overcome the cost in transparency and robustness. 301 302 Adding an extremely weak predictor can even reduce power due to the loss of a degree of freedom. 303

There are other legitimate reasons to include a measure as a covariate. One is a suspected interaction. At times, demographics are included as hypothesized moderators of the treatment effect. For example, if one has reason to believe that the treatment will be greater among the poorly educated, then the moderator and its interaction with treatment are included in the analysis model.

The fourth term, "control variable," is borrowed from the observational data analysis paradigm. Control variables are variables that are included in statistical models in order to eliminate potentially spurious relationships between the independent and dependent variables that might otherwise be thought to be causal. Given that potentially spurious relationships between the independent and dependent variables are eliminated by randomization in experimental designs, we find the frequent use of this term out of place in experimental research.

317 Observational studies often use demographics as standard control variables. 318 However, there is a tendency for political scientists to use the terms demographics 319 and control variables interchangeably, regardless of whether demographics are a 320 likely source of confounding or spurious association. The term "control variable" is rampant in published experiments in political science (for just a few examples, see 321 322 Hutchings et al. 2004; Ladd 2010; Michelbach et al. 2003: 29; Valentino et al. 2002), 323 even when there is no evidence of differential attrition or any need to "control for" 324 other variables.

325 Notably, covariates serve a very different purpose from control variables and should be selected based on different criteria. Covariates are included in the 326 statistical model for an experiment because of their anticipated relationship 327 328 with the dependent variable, to increase model efficiency. Control variables are 329 included in observational analyses because of their anticipated relationship with the 330 independent variables, to prevent spurious relationships between the independent 331 and dependent variables. Choosing covariates solely due to their correlation with the 332 independent variable is problematic in experiments, as we discuss at greater length below. 333

334 Because these four terms are used more or less interchangeably in the Standards 335 Report, the recommendation is unclear as to which and how many variables the 336 committee would like to see broken down by condition in a table. Is it the ones included in the original (pre-specified) model? This makes little sense because 337 338 those variables are already included in the model. At other times it appears they are concerned specifically with those variables not included in the model, such as 339 340 demographics or other available pre-treatment measures which the experimenter 341 had no reason to include. But if these variables are not central to the outcome of interest, it is unclear why balance on those variables is important. 342

343 As discussed further below, and as illustrated by many examples from political 344 science journals, the recommendation in favor of displaying all pretreatment means 345 and standard errors by experimental condition is more likely to promote confusion 346 than clarity. Indeed the number of pretreatment variables used in balance tests has 347 reached numbers as high as fifteen or more, and many more pre-treatment measures 348 are often available including variables such as household internet access, party identification, age, education, race, gender, response option order, household size, 349 350 household income, marital status, urbanicity, home ownership, employment status, 351 if the respondent was head of the household, children in household and region, 352 to cite one example (see, e.g., Malhotra and Popp 2012). As in this example, it is unclear why a particular set of pretreatment means is selected for comparison andhow and why one should compare them.

355 The Role of Randomization

Fisher (1935) introduced randomization as a way to make treatment and control 356 357 groups stochastically equal, meaning they are equal on average. If a researcher wants 358 to make experimental groups as equal as possible on a *specific set* of dimensions, 359 he or she would not use simple random assignment. Random assignment produces 360 random deviations of relative size inversely proportional to the square root of 361 the sample size, whereas a matched block design produces almost no deviation at 362 all. In other words, randomization is not meant as a mindless way to implement 363 blocking on known variables. The benefit of randomization is that it distributes 364 all *unknown* quantities, as well as the known quantities, in a (stochastically) equal 365 manner. This is where random assignment derives its title as the "gold standard" for causal inference: because unknown factors as well as known ones are stochastically 366 equalized, possible confounding is ruled out by design. 367

The flip side of the bargain is that confounding is ruled out only stochastically. The precise inference that can be drawn is that the observed data must be caused by the treatment unless an event occurred which has probability less than p, where p is usually equal to 0.05. Historically, this is where the confusion begins to seep in: what is the nature of the "exceptional" event of probability less than 0.05, where a possible Type I error occurs?

374 The strong (but mistaken) intuition of many researchers is that one should be able to examine the data and see whether the randomization was unlucky. If it 375 376 were possible to do this, analyses of experimental data would look very different: 377 the rooting out of unlucky draws would be built into the analysis, in a manner specified in advance, and accompanied by precise confidence statements. There are, 378 379 in fact, rejection sampling schemes that accomplish this. The downside of rejection 380 sampling schemes is that one cannot treat the randomization that one chooses to keep as if it were the first and only one; instead, complex statistical adjustments 381 382 must be made (Morgan and Rubin 2012). Notably, what is accomplished by doing so is a reduction in variance and a consequent increase in the statistical power of 383 the experiment, not a reduction in the probability of a Type I error. The important 384 point here is that balance is not necessary for valid inference in experiments. As Senn 385 386 (2013: 1442) explains, "It is not necessary for groups to be balanced. In fact, the probability calculation applied to a clinical trial automatically makes an allowance 387 for the fact that groups will almost certainly be unbalanced, and if one knew that they 388 were balanced, then the calculation that is usually performed would not be correct" 389 390 (emphasis in original).

With experimental data, judicious choice of covariates can greatly increase the power of the analysis, but this is a separate issue from confidence in the result. If one wants more confidence, he or she should use a smaller *p*-value. If a researcher uses a *p*-value of 0.05, then he or she will have to put up with a one in twenty chance
that the result is mistaken. No amount of balance testing or digging into the data
will eliminate or lower this uncertainty.

397 The Role of Covariates

398 Once a covariate is included in an analysis, the estimate of the treatment effect 399 will be adjusted for this variable. Thus, there are as many potential estimates of 400 treatment effects as there are sets of covariates that could be selected from among 401 all available pre-treatment measures. Normatively, the model (including the precise set of covariates) is selected on the basis of theoretical considerations before the 402 403 analysis is run, in which case there is one actual estimate of treatment effect. If 404 the model is not pre-specified, the confidence statement surrounding the estimate is 405 invalidated. For this reason, the second point under Section E in the Report—which asks researchers to be explicit about pre-specification of the model—is essential. 406

407 The most important observation to make about the many potential estimates 408 of treatment effects is that the probability of an error is equally likely with any 409 of the potential estimates. This is not to say that it does not matter which model 410 is chosen. A better choice will reduce variance, increase efficiency, and lead to smaller confidence intervals. But it will not reduce the chance of Type I error. 411 Likewise, the inclusion of other variables in the model will not increase robustness. 412 Instead, the inclusion of covariates requires meeting additional assumptions that 413 414 are not otherwise required. In particular, the relationship between the dependent 415 variable and each of the covariates must be linear, the regression coefficient for each covariate should be the same within each treatment condition, and the treatments 416 417 cannot affect the covariates, which is why they must be assessed pretreatment.

418 Including a large number of covariates in an analysis simply because they are 419 demographics, or because they are available in the pretest is clearly inadvisable. 420 With experimental data, "Rudimentary data analysis replaces scores of regressions, freeing the researcher from the scientific and moral hazards of data mining" (Green 421 422 and Gerber 2002: 810–11). But the problem goes beyond the risks of data mining. 423 Many experimental studies suggest that findings are more "robust" if they survive 424 models that include additional covariates (e.g., Harbridge et al. 2014: 333; Sances 425 2012: 9). In reality, adding covariates simply because they are available reduces the 426 robustness of the model (introducing an assumption of independent linear effects 427 that do not interact with treatments), reduces transparency, and is unlikely to add 428 any power.

429 What Purpose can Randomization Checks Serve?

430 It is crucial to any experiment that its random assignment be correctly accomplished.

431 How might one detect errors in this regard? The first line of defense is a sufficiently

432 detailed description of the randomization mechanism. Was it the RAND() function

433 in Excel, a physical device such as a die, spinner, jar of balls, deck of cards, was

434 it a printed random number table, or some other device? Was it pre-generated or generated as needed? If it was a blocked design, how was the blocking implemented? 435 436 The randomization process is mentioned in Section C, and while we endorse this 437 recommendation, it does not go far enough. The brief text in this recommendation and its sub-paragraph on hierarchical sampling do not cover enough bases to 438 439 effectively prevent randomization errors. Because randomization is a process rather 440 than an outcome, we think a more thorough description of the process is in order as 441 recommended in Section 8a of the CONSORT (2010) checklist (Moher et al. 2010; 442 Schulz et al. 2010).

443 The Report somewhat mischaracterizes our argument in saying we agree "that formal tests or their rough ocular equivalents may be useful to detect errors in the 444 implementation of randomization." The important points are (1) that such tests are 445 446 not *necessary* in order to detect randomization problems; and (2) that they are not, 447 in and of themselves, sufficient evidence of a randomization problem. Due to the 448 rarity of randomization failure, we believe that the impulse to check for balance is probably spurred by something other than skepticism over the functionality of the 449 450 random assignment process.

The terms "balance test" and "randomization check" are typically used 451 interchangeably to indicate a table of the distribution of pre-treatment measures 452 across treatment groups, often along with a statistical statement concerning the 453 454 likelihood of the extremity of the distribution having been produced by chance 455 alone. Such a statistic can be reported for each variable or a joint test can be 456 reported as a single omnibus statistic for the joint distribution of all test variables. 457 If one tests for differences in each variable individually, a large number of such tests 458 obviously increases the chance of finding significance. If one uses a joint test, it will 459 take into account the number of variables, but it will still matter a great deal which particular variables are chosen for inclusion in the omnibus test. A standard example 460 461 of including such a check reads, "Randomization check shows that demographics 462 and political predispositions do not jointly predict treatment assignment $(X^2_{[24]} =$ 18.48, *p* = 0.779)" (Arceneaux 2012: 275). 463

The report does not provide guidance as to what these balance variables should be, except to refer to them as "pretreatment" or "demographic" variables. In examples such as the one above, the exact variables are not mentioned. Given the many different outcome variables that are examined in political science experiments, it is unclear why demographics, in particular, are deemed particularly important when other variables may be more pertinent to the outcome under study.

To reiterate, the Standards Committee calls for tables of unspecified pre-treatment measures across treatment groups "to help detect errors" in randomization. Most importantly, it is not clear how such tables accomplish this task. The distribution of pre-treatment measures across conditions provides evidence of errors only if a faulty randomization device was used; in other words, we are testing the null hypothesis, which is the assumption that the randomization mechanism worked. If we reject 476 the null hypothesis and conclude that the randomization device was faulty, then

477 the study can no longer be considered an experiment nor be published as one. In

478 practice, however, when imbalance is identified, this is seldom the course of action

479 that is taken as we describe further below.

480 Other Uses of Balance Testing

The Standards Report (Gerber et al. 2014: 92) suggests that there are additionalreasons to require balance tests.

483 Detectable imbalances can be produced in several ways (other than chance). They include,

484 but are not limited to, mistakes in the randomization coding, failure to account for blocking

485 or other nuances in the experimental design, mismatch between the level of assignment

486 and the level of statistical analysis (e.g., subjects randomized as clusters but analyzed as

487 individual units), or sample attrition.

488 It is worth considering these additional rationales individually. Mistakes in coding variables do indeed occur with regularity, but why should they be more likely to 489 occur with randomization variables than with the coding of other variables? Failure 490 491 to account for blocking is already addressed elsewhere in the requirements where 492 authors are required to describe whether and how their sample was blocked, as well as how they accomplished the random assignment process. Likewise, the description 493 already must include mention of the unit of analysis that was randomized, so if the 494 495 authors then analyze the data at a different unit of analysis, this will be evident.

496 The one scenario in which balance testing does make sense is when 497 experimental studies take place over time, thus raising the possibility of differential sample attrition due to treatment. Sample attrition does not indicate a broken 498 randomization mechanism, and it is already covered in the CONSORT diagram. 499 Assuming a control condition is present, it sets an expectation for acceptable 500 501 attrition levels. And if there is differential attrition across experimental conditions, 502 then it makes perfect sense to conduct balance tests on pretreatment variables 503 among post-test participants. If the post-attrition distribution of pre-treatment measures across treatment groups is distinguishable from the random pre-treatment 504 distribution, then the experiment is clearly confounded. 505

506 For various reasons, we believe that error detection and differential attrition are 507 not the primary reasons that balance testing is popular. Instead, as described above, 508 we believe part of its appeal stems from researchers' strong intuition that they 509 can unearth the unlucky draw. Further, the Report of the Standards Committee 510 explicitly says that error detection is not the only reason for doing randomization 511 checks. As stated on page 5 of the standards document,

512 There may be other uses of summary statistics for covariates for each of the experimental

513 groups. For instance, if there is imbalance, whether statistically significant or not, in a

514 pretreatment variable that is thought by a reader to be highly predictive of the outcome,

515 and this variable is not satisfactorily controlled for, the reader may want to use the baseline

516 sample statistics to informally adjust the reported treatment effect estimates to account for 517 this difference.

518 There are several problems with this statement, which we address in order of appearance. First, the phrase "statistically significant or not" is meaningless in 519 520 the context of adjustment. The only thing one can test statistically is the null 521 hypothesis, which is the assumption that the randomization mechanism worked. If 522 one is estimating treatment effects, then one is already assuming that the mechanism 523 worked, so there is no question of significance. This point has been made many times 524 in the literature in political science (Imai et al. 2008) as well as in other disciplines (Boers 2011; Senn 1994). 525

Further, it is important to think through the consequences of this requirement for reviewers as well as authors. This statement implies that it is acceptable and even appropriate for a reviewer to (either subjectively or based on a prescribed test) perceive an imbalance in the table, assert that it is a variable that might be related to the dependent variable, and therefore insist that something be done to address the situation.

532 Regardless of whether there is a statistical test, what happens next? Is it incumbent upon the author to somehow "prove" that randomization was done appropriately? 533 534 How can this possibly be accomplished? And if we conclude from an author's 535 inability to produce such evidence that randomization was not done correctly, then what? If balance tests/tables are truly being used to ascertain whether random 536 537 assignment was done correctly, then the only logical response to concluding that it 538 was not done correctly is to throw out the study altogether, or possibly analyze it as 539 purely observational data.

540 Random assignment was either done correctly or it was not; there is no middle 541 ground. This does not appear to be widely understood. As an experimental study in 542 the *American Journal of Political Science* explained, "To test the robustness of our 543 randomization scheme, we tested for any differences among the other observables 544 on which we did not block. ..." (Butler and Broockman, 2011: 467). *Results* can 545 certainly be more or less robust, but random assignment is either done correctly or 546 it is not; there are no varying degrees of randomization.

547 Fixing a Broken Mechanism?

The assumption that one can "fix" a broken random assignment by the virtue of adding a covariate is commonplace throughout our top journals. For example, in a *Public Opinion Quarterly* article we are told that, "Partisanship is included in the analysis because of imbalances in the distribution of this variable across the conditions." (Hutchings et al. 2004: 521). Likewise, an article in the *American Journal of Political Science* assures us that "Every relevant variable is randomly distributed across conditions with the exception of education in Study 1. When we 555 included education in our basic models, the results were substantially the same as 556 those we report in the text" (Berinsky and Mendelberg 2005: 862).

557 There is no logic to including a "control" variable to correct for lack of true 558 random assignment on just one or a few characteristics, a point that does not seem 559 to be widely understood by political scientists. For example, Barabas and colleagues 560 (2011: 21) assert that "we observed non-random treatment assignment (i.e., p < p0.10 differences between the treatment and control groups on partisanship, age, 561 562 education, and race) which necessitates the use of statistical controls later in the paper." Of course, by "non-random," the authors probably did not mean that their 563 randomization mechanism was faulty; therefore, they continue to treat the study as 564 an experiment, not as an observational study resulting from a failed randomization 565 mechanism. 566

Adding a variable to the statistical model for an experimental analysis because it failed a randomization check is an inferior model choice (see Imai et al. 2008; Mutz and Pemantle 2011). It is a misnomer to say that it "controls" for the lack of balance and there is no defensible reason to accept this as a "fix" for a broken random assignment mechanism, if that is indeed what we are looking for by providing such tables.

We suspect that instead of a failure to randomize, what many authors and reviewers actually have in mind is the unlucky chance that experimental conditions are unbalanced on some variable of potential interest. Of course, if it is a strong predictor of the dependent variable, a pre-treatment measure of that variable should have been used for blocking purposes or as a planned covariate in the model to increase model efficiency regardless of balance; this is the only appropriate purpose of covariates.

But more importantly, using a third variable to try to "correct" a model for 580 581 imbalance ignores the fact that the alpha value used to test experimental hypotheses already takes into account that cells will be uneven on some characteristics due 582 to chance. The committee report states that "we...do not counsel any particular 583 584 modeling response to the table of covariate means that we ask the researcher to provide." However, given that the only example provided of what one might do with 585 586 this information is to adjust the treatment effects by including covariates, this seems 587 somewhat misleading. As they elaborate, "Our guiding principle is to provide the 588 reader and the reviewer the information they need to evaluate what the researcher 589 has done and to update their beliefs about the treatment effects accordingly." But exactly how should the reviewer or reader "update" his or her beliefs about the 590 effects of treatment based on such a table? 591

If such a table truly serves as evidence (or lack thereof) that proper random assignment was accomplished, then such tables will greatly affect a study's chances of publication. By requiring such information, an editor automatically suggests to readers and authors that it is both informative and relevant because it is worth valuable journal space. If it is to be required, it seems incumbent upon the editors to inform authors as to how they will interpret such information. Will they conclude that random assignment was done incorrectly on this basis and thus automatically reject it from an experimental journal? Will they compel authors to provide evidence that random assignment was done correctly, and if so, what would be considered compelling evidence?

And are they required to present evidence of balance even on demographic variables that bear no relation to the outcome variables simply because they are widely used as control variables in observational analyses or on all pretreatment measures because they happen to be in the study? We maintain that such practices have no scientific or statistical basis and serve only to promote further methodological confusion.

608 The report does not distinguish between pre-treatment measures available to the researcher but not chosen for inclusion in the model, and those chosen in advance 609 for inclusion in the model. If, as is common with survey data, there are dozens of 610 available pre-treatment measures, then is balance supposed to be reported for all 611 of them? If so, why? As Thye (2007: 70) has noted, "Not all the factors that make 612 experimental groups different from control groups are relevant to the dependent 613 variable; therefore, not all factors must necessarily be equated. Many differences 614 simply do not matter." To advocate such a practice is to encourage mindless 615 statistical models, which should not be promoted by any journal. It encourages 616 a misunderstanding of what randomization does and does not accomplish. It also 617 promotes further confusion in the field as to the distinction between experimental 618 and observational analysis. 619

To reiterate, pre-treatment variables known from previous research to be highly predictive of the outcome should always be included in the model as covariates. To fail to do so is to reduce power so that only the strongest effects will be seen. It should not take a failed balance test to reveal such a variable, and the fact that a balance test fails for a particular variable makes it no more likely that this variable is in fact related to the dependent variable.

Finally, the question of whether a variable is adequately "controlled for" is a non sequitur in experimental research. Control variables exist for good reasons in observational studies (potential spuriousness), but treating a covariate as a control variable in the experimental setting makes no sense. Nonetheless, this practice is currently widespread. Including a variable in the statistical model because it has been found to be out of balance is also precisely the wrong reason to include a variable and should not increase our confidence in findings.

Taken at face value, the Standards Report promotes randomization checks strictly
as a way of "evaluating the integrity of the randomization process" (Gerber et al.,
2014: 92). They suggest that imbalances due to chance are distinguishable from
imbalances due to faulty random assignment mechanisms. But if a fear of faulty
mechanisms is the real reason for doing them, then the typical response (adding new

variables to the model) is completely inadequate; if a randomization mechanismfails, the researcher needs to start over from scratch.

640 To summarize, failed balance tests cast doubt on experimental results; as a result, one seldom if ever finds a published experimental study with a "failed" 641 randomization; instead they are routinely dubbed "successful" (Malhotra and 642 Popp 2012: 39) and even "highly successful" (Butler and Broockman 2011: 467). 643 Moreover, if an author admits a "failed" balance test, it is strictly on one or two 644 645 "unbalanced" variables that are, as a result of the balance test, included as covariates. This practice does not fix the problem if the randomization mechanism was, indeed, 646 broken. 647

The real harm in this practice is the possibility of a Type II error when a skeptical referee or editor causes a correct finding to be suppressed or uses it as a reason to alter the statistical model to include more covariates in order to suggest that they have "adjusted" for a bad or unlucky randomization. This practice implies that the reader's ad hoc estimates of treatment effects and confidence might be superior to the researcher's stated estimates and confidence. As mentioned above, changing the model voids confidence statements.

At times, this kind of misunderstanding of randomization is made explicit, even within our top journals. For example, as an article in the *Journal of Politics* explains,

657 In order to ensure that the experimental conditions were randomly distributed-thus 658 establishing the internal validity of our experiment-we performed difference of means tests 659 on the demographic composition of the subjects assigned to each of the three experimental 660 conditions.... As Tables 1a and 1b confirm, there were no statistically significant differences 661 between conditions on any of the demographic variables... Having established the random 662 assignment of experimental conditions, regression analysis of our data is not required; we 663 need only perform an analysis of variance (ANOVA) to test our hypotheses as the control 664 variables that would be employed in a regression were randomly distributed between the 665 three experimental conditions (Scherer and Curry 2010: 95).

A test of mean differences across five demographic variables is not what gave this study internal validity; proper use of random assignment did. Moreover, controlling for these variables in a regression equation or using them as covariates would not have fixed a failed randomization, nor would it have increased the power of the study, unless those variables were chosen in advance for the known strength of their relationships with the dependent variable rather than for their relationships with the independent variable, as is suggested above.

Many researchers do not appear to understand that the alpha value used in statistical tests *already incorporates the probability of the unlucky draw*. As Hyde (2010: 517) suggests in another experimental study,

In theory, the randomization should produce two groups that are equivalent except that one group was assigned to be "treated" with international election observation. Although it is

678 unlikely, it is possible that randomization produces groups of villages/neighborhoods that

are different in important ways, and could potentially generate misleading results. Therefore,
I also check the degree to which the two groups are similar...

Here again, a randomization check is being used to try to uncover the unlucky
draw in order to increase confidence in the findings as opposed to presenting
"misleading results." This is a well-intentioned impulse, but one should not update
his or her confidence in the findings on this basis.

685 Using balance tests on a subset of observed variables as a way of establishing 686 group equivalence promotes further confusion because of the current popularity of matching techniques in analyzing observational data. If, for example, a researcher 687 688 matches treated and untreated subjects on five demographic characteristics, there is a tendency to see this as equivalent to an experiment in which a balance test has 689 been performed on these same five variables. What is lost here is an understanding 690 691 of the fundamental importance of random assignment. Matching techniques, no 692 matter how complex, cannot accomplish the same strength of causal inference as a 693 true experiment. Only random assignment collectively equates subjects on observed and unobserved characteristics. 694

The lure of the unlucky draw, however, goes far beyond this. There is a strong urge to believe that one can test for occurrences of the exceptional event: that not only does Type I error have a visible signature but also that we can sense it, and therefore should look at balance tests even though we are not able to prescribe an acceptable response to what we see. This may be what is responsible for the heightened concern about errors in randomization.

701 Sub-Optimal Statistical Models

702 Randomization checks notwithstanding, a more serious and widespread problem 703 in political science experiments is confusion surrounding analyzing experimental 704 versus observational data. By the Standards Committee's own count, 75% of the experimental studies published in political science do not show the unadulterated 705 706 effects of treatments on outcomes (Gerber et al. 2014: 88). In other words, 75% of experimental results never show the reader the dependent variable means by 707 708 experimental condition or a regression including only treatment effects; instead, they present multiple regression equations in which effects of treatment are already 709 adjusted by many other "control" variables, or they present predicted means as 710 a function of a multivariate regression equations including other variables (e.g., 711 Hutchings et al. 2004: 521-2). 712

For example, in one analysis of experimental results, in addition to dummy variables representing six different experimental treatments, the author includes in his experimental regression analysis nine different "control variables" including if the respondent follows politics "most of the time," if he/she is a college graduate, age, female, minority, employed, internet connection speed, conservative ideology and liberal ideology. The rationale for this particular set of variables when predicting the dependent variable—nightly news exposure—is unclear (see Prior 2009). Likewise,
in another experiment, in addition to dummy variables for experimental treatment
effects, the author includes 13 additional predictors of the outcome, none of which
significantly predicts the dependent variable, and the reader is instructed that these
variables are included as "control variables" (Ladd 2010: 39).

What is particularly unfortunate about this practice is that reviewers and authors often seem to be under the impression that an experimental finding is more robust if it survives the inclusion of a large number of "control variables" when nothing could be further from the truth. Instead of encouraging this practice, reviewers and editors should look at such large models with suspicion and demand justifications for the particular statistical model that is used. Findings can be coaxed over the line of statistical significance by virtue of what is included or excluded.

731 We are not suggesting that social scientists are dishonest when such variables are included in a model. In fact, many authors find themselves compelled to include 732 733 them in an analysis specifically because of a reviewer or editor's request. Even when 734 they are aware that their finding is more valid without excessive and unjustified variables in the model, they comply in order to achieve publication. Adding variables 735 736 after the fact invalidates the reporting of confidence levels. Moreover, the proper reporting of confidence is not an idle exercise; in fact, some suggest that it has large 737 738 scale consequences (Ioannidis 2005).

In some cases, these additional variables in models testing experimental effects even include items assessed after the treatment. For example, in an article in the *American Journal of Political Science*, a study of income distribution norms and distributive justice promotes the inclusion of a variable assessed post-treatment as a means of strengthening confidence in the experimental findings.

744 By asking participants in the post-experimental questionnaire about their own perception 745 of the relationship between merit and income, and then entering that information as 746 an independent variable in our regression analyses, we are able to determine that our 747 experimental manipulations rather than participants' pre-existing perceptions explain our 748 results. This test shows how using multiple regression analysis to enter additional controls

can strengthen experimental research" (Michelbach et al. 2003: 535).

750 In short, what is most common within political science is for researchers to 751 analyze experimental data as if it were observational data, often including "control variables" inappropriately. If there is no reason to think variables will increase 752 753 efficiency in the estimation of treatment effects, and no reason to think that they 754 are even correlated with the outcome, they should not be in the model, regardless of 755 what they are called. Which other variables are or are not included is unsystematic 756 and typically unjustified with some models including one set, and another model 757 within the same paper including a different set, thus opening the floodgates for all 758 kinds of foraging for results through their inclusion and exclusion.

We are not the first to note the logical problems inherent in randomization checks. Psychologist Robert Abelson (1995: 76) dubbed the practice of testing for differences between experimental groups a "silly significance test": "Because the null hypothesis here is that the samples were randomly drawn from the same population, it is true by definition, and needs no data." Senn (1994: 1716) calls the practice of performing randomization tests "philosophically unsound, of no practical value, and potentially misleading." In the context of political science, Imai and colleagues (2008: 482) echo this sentiment, suggesting that any other purpose [than to test the randomization mechanism] for conducting such a test is "fallacious."

768 The field of political science is populated with researchers primarily trained in 769 observational modes of research. For those trained exclusively in observational methods, the source of confusion is obvious. If one treats experimental data as if 770 it were observational, then of course one would be worried about "controlling for" 771 variables, and about imbalance in any variable not used as a covariate. We believe 772 the Standards Committee should take a stand on whether they believe "control" 773 774 variables are sensible in experimental studies and/or whether they are an acceptable fix for the broken random assignment mechanisms that balance tests are supposedly 775 designed to root out. 776

777 So, how can researchers be certain that randomization was done properly? The CONSORT guidelines already provide guidance as to the kinds of details that 778 779 can help reviewers and readers judge the randomization process (see Moher et al. 780 2010; Schulz et al. 2010). Notably, because randomization is a process rather than an outcome, what is more useful than tables of means is a description of that 781 782 process. Political scientists should test randomization mechanisms in advance of studies if there are concerns, and promote transparency by describing the process 783 784 of randomization for each study.

When debating the utility of randomization checks, one argument we have heard a number of times is "Why not just do both and let the reader decide?" In other words, why not present both the original analysis and one adjusted by including the covariates that fail a specified balance test? Assuming the randomization mechanism is not faulty, there remain several good reasons not to do this. We elaborate on four such reasons.

791 1. Incorrectness. Significance statements and size comparisons for the estimated 792 treatment effect will be wrong. To see why, consider the process by which the 793 adjusted estimate is computed. After the random assignment to experimental conditions, a set of covariates exhibiting imbalance is added to the model. An 794 estimated treatment effect is computed by regressing onto the treatment variable 795 796 and this larger set of covariates. Confidence intervals and p-values for such an estimator do not coincide with confidence intervals and *p*-values for a model in 797 which the same covariates are chosen before the units are assigned to conditions 798 (see Permutt 1990). 799

Intractability. Computing correct confidence statements for a model in which
 covariate selection is not fixed in advance has, to our knowledge, never been
 undertaken. An idealized example is worked out in Permutt (1990). Whether or

803 not such a computation is feasible, it is certainly not included in any standard statistics package. We can therefore be fairly certain that the correct computation 804 805 was not carried out. 806 3. *Inefficiency*. Even if confidence was computed correctly for the adjusted estimate, 807 the new estimator would not be an improvement over the old one. Any selection of covariates, whether chosen in advance or based on imbalance due to random 808 809 assignment, leads to an estimator. The better estimator is the one with the least variance. For any pre-treatment measure, Z, one might choose to include Z in 810 the model, exclude it, or include it only if it is unbalanced. The last of these is 811 812 never the best choice. One always does better by deciding up front whether to include Z as a covariate. The mathematical proof supporting this is discussed in 813 greater detail in Mutz and Pemantle (2011). 814 4. Irrelevance. One might argue that presenting both estimators and allowing the 815 reader to choose is best because it reports everything that would originally have 816 817 been reported, plus one more piece of data which the reader is free to ignore. 818 Reporting a second conclusion, however, casts doubt on the first conclusion; it 819 does not merely add information. It leads to "the wrong impression that we need balance, which is one of the many myths of randomization" (Statisticalmisses.nl 820 821 2013). Recommendation E2 of the Standards for Experimental Research calls 822 for an analysis to be specified prior to the experiment, and deviations from this 823 come at a cost in credibility. Furthermore, if given a choice between two models, 824 many would automatically choose the model with more covariates based on a (faulty) belief that such models are more robust. The researcher's job is to present 825 the best data analysis, not to present them all and allow the reader to choose. 826

827 CONCLUSION

The goal of the Journal of Experimental Political Science should be not only 828 829 promoting the more widespread use of experimental methods within the discipline, 830 but also promoting best practices and a better understanding of experimental 831 methods across the discipline. Toward that end, we hope the Standards Committee will consider changing the standards with respect to manipulation checks, reporting 832 833 of response rates, and randomization checks as part of the ongoing process 834 of making what was historically an observational discipline more appropriately 835 diverse in its approaches to knowledge. More specifically, we suggest the following adjustments: 836

- Recommend manipulation checks for latent independent variables; that is,
 independent variables in which the operationalization and the causal construct
 are not identical;
- Require response rates only for studies that claim to be random probabilitysamples representing some larger population;

3. If tables of pretreatments means and standard errors are to be required, provide
a justification for them. (Note that the following are not suitable justifications:
(a) Confirmation of "successful" randomization, (b) Supporting the validity of

causal inference, and (c) Evidence of the robustness of inference.)

4. If the inclusion of balance tests/randomization checks is described as desirable as
in the current document, prescribe the appropriate response and interpretation
of "failed" tests.

849 Evidence of widespread misunderstandings of experimental methods is plentiful 850 throughout our major journals, even among top scholars in the discipline. As a result, future generations of political scientists are often not exposed to best 851 practices. The Journal of Experimental Political Science should play a lead role in 852 correcting these misunderstandings. Otherwise, the discipline as a whole will be seen 853 854 as less methodologically sophisticated than is desirable. The Journal of Experimental *Political Science* could play an important role in raising the bar within the discipline 855 856 by including requirements that are both internally coherent and statistical defensible.

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